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Health

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Mike Lowell Talks About Testicular Cancer



Dr. Mallika Marshall
Reporting

(CBS4) BOSTON They are sons and brothers, fiancés, husbands and friends. Young men with a common even know they have.

It happened to Boston Red Sox Third Basemen Mike Lowell. He was diagnosed with testicular cancer the Florida Marlins.

"We kind of think we are supermen," Lowell said. "We defied the odds by making it to the big league getting, you know, some type of cancer."

Tour de France legend Lance Armstrong is another example of the thousands of men diagnosed with

hear cancer, and the first think that went through my head is, 'am I going to die?'" Lowell said.

[Watch More of Mike Lowell's Interview](#)

Dr. Gary Kearney, chief of urology at the New England Baptist Hospital, says this is a disease of your symptomless. There isn't a lot of discomfort," Kearney said.

Even so, there are a few clues to look out for: a hard painless lump in the scrotum; a dull ache in the area; or tenderness of the breasts.

Unlike most other cancers, testicular cancer strikes men in their prime. In fact, it is the most commo

Ryan Dent says he first realized that there was something wrong when he was 19 years old. Like ma attention. "It's something that I knew was there for a fairly long time," Dent said. Fortunately, today survivor.

Dr. Kearney says men are getting better about going to the doctor, but for those who aren't, there is testicular cancer "is one of the few malignancies that even in advanced form can be cured in a high p

"You don't have to be too proud to go somewhere and get some help," Dent said. Good advice from :

For more information about testicular cancer, and instructions on how to perform a self-exam, visit tl your screen.

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"You hear cancer, and the first think that went through my head is, 'am I going



Mike Lowell was diagnosed with testicular cancer in 1999.

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